

# Dubbo Drug & Alcohol Substance Abuse

## Referral framework

All referrals are to include information below.

During normal working hours, contact can ..... to discuss any referrals.

### Send referral to...

**Dubbo** - Send referral via Argus to [wnewlhd-dubbocmht@health.nsw.gov.au](mailto:wnewlhd-dubbocmht@health.nsw.gov.au) or Fax referral 68814060

- Or phone 1300887000 or 68814000
- Walk ins at 41 Bultje Street Dubbo

### Name of clinical condition / presentation

- Drug & Alcohol substance abuse/dependency
- MHDA - Community Drug & Alcohol
- Non- crisis voluntary program
- Presentations: several different presentations for different drugs

### Indications for specialist referral

- Anyone presenting with a substance issue that is affecting their mental health and physical health/ concerned regarding their usage.

### Referral information required

- Substance Hx
- Current Substance usage
- Mental Health history
- Physical health

### Investigations required

- Nil

### Initial management

- Clinical Assessment
- Treatment plan
- Counselling – motivational interviewing, relapse prevention; solution focused therapy; narrative, reduction of usage or referral to addiction medicine specialist
- Case management – referral to other services including mental health; referral to Detox & Rehabs
- Co-case manage clients with Mental Health
- Referral to Involuntary Drug Alcohol treatment program  
Linkage to OTP program if required

### 'Red Flag' items

- Drug Induced psychosis



### How to access care in the event of a 'red flag'

- Present at ED to be assessed by CL's

### Other information